

DISCLAIMER

I on behalf of myself, my heirs, executors, administrators, and assigns, hereby irrevocably waive, release and fully discharge the THE ENGINE HOUSE GYM and their respective officers, directors, employees, agents, and shareholders, of and from any and all rights, claims, demands, expenses, costs, lawsuits, and causes of action (including, but not limited to, consequential damages) due to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated with my participation of myself in the Mettle Bender Powerlifting competition held at THE ENGINE HOUSE GYM.

I represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting to me from my participation. I acknowledge, understand and accept the inherent risks of this powerlifting competition.

NAME: _____

DATE: _____

SIGNATURE: _____